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The Problems Of Old Persons In India

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ABSTRACT

The old age is an integral part of human life. It is the evening of life. It is unavoidable, undesirable, unwelcome and problem-ridden phase of life. But it is really interesting to note that everybody wants to live a long life, but not to be old. It is ironical that however undesirable the old age, it is bound to come in life. A man is compelled to go through the pains and pleasures of this age like the other phases of life before making an exit from this mortal world. An old man is full of experiences and even though experiences are of immense help to the younger generation, he is taken as an unwanted burden. He himself is caught in a terrible feeling of redundancy. Thinking old age visions of loneliness and neglect emerge in mind. The picture becomes all the more awesome with the failing health and illness. A sense of despair glooms over all his pleasant feelings. Though it is true that no stage of life has its ever smooth sailing and every stage has its attendant problems, those of old age are more difficult and insurmountable because the physical strength and mental capability required to cope up with the adverse situations of life are immensely reduced.

Introduction

A man's life is normally divided into five main stages namely infancy, childhood, adolescence, adulthood and old age. In each of these stages an individual has to find himself in different situations and face different problems. The old age is not without problems, Population ageing is a global

issue, which has been recognized to have implications on the health care and social welfare systems. The process whereby the proportion of children in the population decreases and those of old persons increases is known as the "ageing of population". The global population of elderly has constantly been increasing during the second half of the last century. This has been possible due to easy availability of life saving drugs, control of