

WOMEN EMPOWERMENT- A REALITY OR MYTH

Vineeta Singh
Kishor Kumar

Women empowerment is empowering the women to take their own decisions for their personal dependent. Empowering women is to make them independent in all aspects from mind, thought, rights, decisions, etc by leaving all the social and family limitations. It is to bring equality in the society for both male and female in all areas. Women empowerment is very necessary to make the bright future of the family, society and country. Women need fresh and more capable environment so that they can take their own right decisions in every area whether for themselves, family, society or country. In order to make the country fully developed country, women empowerment is an essential tool to get the goal of development. India is a very famous country known for its cultural heritage, traditions, civilization, religion and geographical features from the ancient time. On the other hand, it is also popular as a male chauvinistic nation. Women are given first priority in India however on the other hand they were badly treated in the family and society. They were limited only for the household chores or undertaking the responsibility of home and family members. They were kept totally unaware of their rights and own development. People of India used to say this country as "Bharat-Mata" however never realized the true meaning of it. Bharat-Mata means a mother of every Indian whom we have to save and care always. Women constitute half power of the country so in order to make this country a fully powerful country, women empowerment is very necessary. It is empowering women to understand their rights to be independent in every area for their proper growth and development. Women give birth to the baby means future of the nation so only they can better involve in making the bright future of the nation through the proper growth and development of the children. Women need to be empowered instead of treating as a helpless victim of male chauvinism.

Introduction

The most famous saying by the Pandit Jawaharlal Nehru is "To awaken the people, it is the women who must be awakened. Once she is on the move, the family moves, the village moves, the nation moves". The Constitution of India grants equality to women in various fields of life. Yet a large number of women are either ill equipped or not in a position to propel themselves out of their traditionally unsatisfactory socio-economic conditions. They are poor, uneducated and insufficiently trained. They are often absorbed in the struggle to sustain the family physically and emotionally and as a rule are discouraged from taking interest in affairs outside home. Oppression and atrocities on women are still rampant. Patriarchy continues to be embedded in the social system in many parts of India, denying a majority of women the choice to decide on how they live. The over-riding importance of community in a patriarchal sense ensures that women rarely have an independent say in community issues. Female infanticide continues to be common. Domestic violence is also widespread and is also associated

with dowry. Leaving a meager number of urban and sub-urban women, Indian women are still crying for social justice. Women are continuously facing many problems even after having self-confidence, individuality, self-respect, personality, capacity, talent, and efficiency more than men. They are facing problems in their daily life even after they are given equal rights and opportunities like men by the Constitution of India.

Women Empowerment

In the simplest of words it is basically the creation of an environment where women can make independent decisions on their personal development as well as shine as equals in society. Women want to be treated as equals so much so that if a woman rises to the top of her field it should be a commonplace occurrence that draws nothing more than a raised eyebrow at the gender. This can only happen if there is a channelized route for the empowerment of women.

Women empowerment refers to providing wom-