

conservative and patriarchal social system, which relegates women to the position of subordination can surely be replaced by a more open, liberal and balance power sharing value system (between man and woman). Education, as it is perceived, is considered an effective tool to bring any kind of change in a society; ironically education can be considered both as a medium by which required and desired change can be ensured to a society, which is toiling to establish itself as a progressive human society on one hand and on the other hand, education as an agency can be used as a static force to maintain status quo or to uphold those values which maintain the unjust system of discriminatory practices. The kind and quality of education which the state wants to disseminate to its citizens, solely depends upon the kind of agenda and policy is incorporated in its programmes of development and progress, by the existent political system of any society. Thus in this backdrop, the present theoretical study tries to analyze that, how political will, media, various institutions (education, law and religion) etc are engaged in creating and maintaining a world for women community, which either ensures more security or precipitates conditions of vulnerability for women, in public realm as well as private realm.

Music Therapy as A Tool to Control Cardiovascular and Neuroendocrine Disorders in Household Women.

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It is a well-known fact that after a time period household women feel isolated and alone, especially in nuclear family, may be due to many reasons such as children become adult, husband busy in job, routine life style etc. As a result of this they face various cardiovascular (CVD) and neuroendocrine (NED) disorders such as anxiety, hypertension, asphyxia, irregular menstrual cycle, unusual B.P., Headache, insomnia etc. To overcome them they start using various type of medicine as prescribed by their physician. There is no doubt that medicine have the ability to cure them, but on the other side it is a well established fact that each medicine has some sort of side effects on their body and sometime side effects convert in to serious problems leading to death.

People are using Music Therapy since time immemorial. According to Hindu mythology, music originated with the first sound ever to be heard in the universe, the Naadbrahma, or Om. Samveda is full of music and its use. In 400B.C. Hippocrates, known as the father of Medicine