

# The Power of Youth and Vivekananda

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Youth is that wonderful time in life when energy is limitless, human creativity is at its best and the 'never say die' spirit is at its peak. Youth is also an impressionable age wherein we try to model our life against that of a 'role model' or 'icon'. This is the time when one is ready to take on tasks however onerous they are; the time when our ideals can drive and determine one's actions; the time when we believe that we can do anything under the sun. This is the time when we are easily motivated by the environment and by what we see and value around us.

Swami Vivekananda was always in search of real youth. By the word 'real youth' he never meant by those young persons who have reached that stage considering age and physical appearance. Rather his definition of a real youth is those who are young with full of energy, strength, intellect, and well built body. He always believed that the youths by age and physique if transformed into 'real youths' then they will break all the hurdles which come in the way of growth and betterment. Vivekananda expressed his extreme confidence about the transformation from youth to 'real youth' through his statement: "My faith is in the younger generation, the modern generation; out of them will come my workers. They will work out the whole problem, like lions." He always wanted the youths to discover their inner strength. He never gave importance only to that knowledge which is gained from books but also knowledge from